MODULE 5 · TAKING ACTION · OVERVIEW

Taking Action: module overview

A one-page guide to Module 5: what it covers, how its eight steps work and which worksheet to use at each point.

Read in 2 minutes

Move from vision to action. Change starts with you, and grows when others join in.

Ideas only change the world when someone acts on them. This final module looks at the step many of us find hardest: actually starting.

The film argues that we already know much of what needs to be done. What is needed is an inner change in our attitudes and priorities, then new habits, and then the confidence to invite others to join us. You will hear how participants deal with putting things off, overthinking, and the challenge of leading by example.

In this module you will

- Notice how you respond to the idea of putting your ideas into action.
- Consider how small personal actions add up when many people take them.
- Explore how to influence others without imposing on them.
- Bring your commitments from the whole course together into a plan.

The eight steps and your worksheets

Steps	What you do	Worksheet
1–2	1. Your initial thoughts 2. Hear what others think	Your first thoughts Allow 10–15 minutes
3–5	3. Challenge your thinking 4. Your reaction 5. Explore the reactions of others	Reacting to the film Allow 15–20 minutes, plus the film
6–8	6. Your AHA moment 7. Hear the AHA of others 8. Let's do something!	Your AHA moment and action plan Allow 10–15 minutes

Go further: suggested activities

- **From commitments to a plan** (30 minutes)
- **Explain your why** (15 minutes)
- **Lead by example** (5 minutes a day for a week)

Watch the videos and read the full module at wyse-ngo.org/better-global-future/module-5-taking-action/.

A question to carry with you

Before you start: what do you most want to understand or explore in this module? Come back to it at the end.