BETTER GLOBAL FUTURE · COURSE JOURNAL

Course journal

Two pages that frame the whole course. Fill in the first before Module 1 and the second after Module 5.

Allow 10 minutes at the start and 20 minutes at the end

Name and date

Before you begin

Set your intentions before you start Module 1.

1 Why am I taking this course? What made me curious?

There are no right or wrong reasons.

2 What do I hope to get out of it?

Think about what would make the time feel well spent.

3 What is one issue in the world that I care about most right now?

Why does it matter to me?

4 When and where will I do the modules?

As a guide, allow about 60 to 90 minutes per module, in one sitting or several. Choose somewhere quiet.

My Better Global Future

Complete this page after Module 5. Copy the commitment you made at the end of each module, and note whether you did it.

Module 1: Evolving

Module 2: Learning from Diversity

Module 3: Cooperation

Module 4: Taking Responsibility

Module 5: Taking Action

Where do I stand now?

What has changed in how I see the world, and my place in it?

What would I tell someone who is about to start this course?

One or two sentences of advice.